



EMPLOYER INFORMATION	
NAME OF EMPLOYER AT TIME OF ACCIDENT?	
LENGTH OF TIME WORKED THERE PRIOR TO ACCIDENT?	
TYPE OF WORK BEING DONE AT TIME OF INJURY?	
IN A TYPICAL 8-HOUR WORKDAY, I (CIRCLE # OF HOURS/ACTIVITY)	
SIT	1 2 3 4 5 6 7 8 HOURS
STAND	1 2 3 4 5 6 7 8 HOURS
WALK	1 2 3 4 5 6 7 8 HOURS
ON THE JOB, I PERFORM THE FOLLOWING ACTIVITIES:	
	NOT AT ALL OCCASIONALLY FREQUENTLY CONTINUOUSLY
SQUAT	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
CRAWL	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
CLIMB	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
REACH UP	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
CROUCH	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
KNEEL	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
BALANCING	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
BENDING	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
PUSH/PULL	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
ON THE JOB, I LIFT:	
	NOT AT ALL OCCASIONALLY FREQUENTLY
UP TO 10 LBS.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
11 TO 24 LBS.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
25 TO 34 LBS.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
35 TO 50 LBS.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
51 TO 74 LBS.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
75 TO 100 LBS.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
DO YOU HAVE TO BEND OVER WHILE DOING ANY LIFTING: <input type="checkbox"/> YES <input type="checkbox"/> NO	
ARE YOUR FEET USED FOR REPETITIVE MOVEMENTS, SUCH AS IN OPERATING FOOT CONTROLS? <input type="checkbox"/> YES <input type="checkbox"/> NO	
DO YOU USE YOUR HANDS FOR REPETITIVE ACTIONS SUCH AS SIMPLE GRASPING, FIRM GRASPING OR FINE MANIPULATING? (PLEASE CIRCLE ONE).	
ARE YOU EXPOSED TO MARKED CHANGES IN TEMPERATURE AND HUMIDITY? <input type="checkbox"/> YES <input type="checkbox"/> NO	
DESCRIBE: _____	
ACCIDENT / INJURY INFORMATION	
IN YOUR OWN WORDS, PLEASE DESCRIBE THE ACCIDENT:	

DID YOU REPORT THE ACCIDENT TO YOUR SUPERVISOR(S) AND FILE APPROPRIATE CLAIM FORMS? <input type="checkbox"/> YES <input type="checkbox"/> NO
HAVE YOU BEEN TREATED BY ANOTHER DOCTOR FOR THIS ACCIDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO
IF YES, PLEASE LIST DOCTOR'S NAME, ADDRESS AND PHONE NUMBER: _____ _____ _____
WHAT TYPE(S) OF TREATMENT DID YOU RECEIVE?
HOW LONG WERE YOU TREATED BY THIS DOCTOR?
ARE YOU: <input type="checkbox"/> IMPROVED <input type="checkbox"/> SAME <input type="checkbox"/> GETTING WORSE
NOTES:
WHAT TYPE(S) OF MEDICINE ARE YOU TAKING? <input type="checkbox"/> ANTI-INFLAMMATORY (ASPIRIN, MOTRIN, ETC.) <input type="checkbox"/> MUSCLE RELAXERS <input type="checkbox"/> PAIN RELIEVERS <input type="checkbox"/> TRANQUILIZERS <input type="checkbox"/> ANTI-DEPRESSANTS <input type="checkbox"/> OTHER
DO THESE MEDICINES HELP? <input type="checkbox"/> YES <input type="checkbox"/> NO
NOTES:
HAVE YOU HAD PHYSICAL THERAPY? <input type="checkbox"/> YES <input type="checkbox"/> NO
IF YES, HOW OFTEN: <input type="checkbox"/> Daily <input type="checkbox"/> Every other day <input type="checkbox"/> Several times weekly <input type="checkbox"/> Every two weeks <input type="checkbox"/> Monthly <input type="checkbox"/> Other
PRIOR TO THIS ACCIDENT, HAVE YOU EVER HAD ANY PHYSICAL COMPLAINTS SIMILAR TO WHAT YOU HAVE NOW? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> DON'T KNOW
IF YES, DESCRIBE: _____ _____ _____
WERE THESE SIMILAR COMPLAINTS THE RESULTS OF A PREVIOUS ACCIDENT(S)? <input type="checkbox"/> YES <input type="checkbox"/> NO
PLEASE PROVIDE DETAILS OF ACCIDENT(S): _____ _____ _____

CONTINUED ON OPPOSITE SIDE

Accident / Injury Questionnaire

IMMEDIATELY AFTER ACCIDENT / INJURY

DID YOU LOSE CONSCIOUSNESS?
 Yes No Don't know

HOW DID YOU FEEL?
 Confused Dazed Dizzy Nervous
 Weak Other

WHERE DID YOU IMMEDIATELY DEVELOP PAIN?
 Head Shoulders Buttocks
 Neck Arms Hips
 Upper/Mid Back Elbows Thighs
 Lower Back Forearms Knees
 Pelvis Wrists Legs
 Chest/Rib cage Hands Ankles
 Abdomen Feet
 Other

IF THERE WERE CUTS, WHERE WERE THEY?

.....

DESCRIBE ANY OTHER SIGNIFICANT INJURY:

.....

EMERGENCY CARE AT ACCIDENT / INJURY SITE

DID YOU RECEIVE EMERGENCY CARE? YES NO

WHAT TYPE OF EMERGENCY CARE DID YOU RECEIVE?
 Bandages Splints Brace Neck Collar
 Other

DESTINATION AFTER ACCIDENT / INJURY

Where did you go?		By whom were you driven?	
<input type="checkbox"/> Hospital	<input type="checkbox"/> Home	<input type="checkbox"/> Myself	<input type="checkbox"/> Ambulance
<input type="checkbox"/> School	<input type="checkbox"/> Work	<input type="checkbox"/> Friend	<input type="checkbox"/> Family
<input type="checkbox"/> Other		<input type="checkbox"/> Other	

HOSPITAL VISIT AFTER ACCIDENT / INJURY

WHEN DID YOU GO TO THE HOSPITAL?
 Immediately Later that day Next day Days later
 Date / / Other

HOSPITAL NAME:	EXAMINED BY DOCTOR:
Admitted: <input type="checkbox"/> Yes <input type="checkbox"/> No	Date released / /

IF X-RAYS WERE TAKEN, OF WHAT BODY PART(S)?

.....

IF A CAT SCAN WAS PERFORMED, OF WHAT BODY PART(S)?

.....

IF AN MRI WAS PERFORMED, OF WHAT BODY PART(S)?

.....

WHAT TREATMENT WAS ADMINISTERED AT THE HOSPITAL?
 Medication Sutures Splint Collar
 Injection Ice packs Cast Support
 Antiseptics Hot Packs Brace Surgery
 Bandages Other

INSTRUCTIONS GIVEN WHEN DISCHARGED FROM HOSPITAL

WERE YOU TOLD TO SEE
 General practitioner Chiropractor Neurologist
 Physical Therapist Orthopedist Internist
 General Surgeon Plastic Surgeon
 Other

WHAT RECOMMENDATIONS WERE MADE?
 No further care No follow-up care Observation
 Rest Heat Ice
 Support Time off work Collar

WERE MEDICATIONS PRESCRIBED?
 Pain Anti-inflammatory Antibiotic Nervousness
 Other

FOLLOWING THE ACCIDENT / INJURY

HOW MUCH LATER DID ADDITIONAL SYMPTOMS DEVELOP?
 Immediately Hours That evening Next morning
 Days Week Month

WHAT ADDITIONAL SYMPTOMS DEVELOPED?

.....

SINCE YOUR ACCIDENT/INJURY HAVE YOU SUFFERED FROM?

<input type="checkbox"/> Blurred vision	<input type="checkbox"/> Chest pain	<input type="checkbox"/> Nausea
<input type="checkbox"/> Double vision	<input type="checkbox"/> Labored breathing	<input type="checkbox"/> Vomiting
<input type="checkbox"/> Reduced vision	<input type="checkbox"/> Palpitations	<input type="checkbox"/> Frequent urination
<input type="checkbox"/> Impaired hearing	<input type="checkbox"/> Constipation	<input type="checkbox"/> Painful urination
<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Restlessness
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Convulsions	<input type="checkbox"/> Insomnia
<input type="checkbox"/> Depression	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Light sensitivity
<input type="checkbox"/> Mood swings	<input type="checkbox"/> Headaches	<input type="checkbox"/> Reduced appetite
<input type="checkbox"/> Nervousness	<input type="checkbox"/> Fainting	<input type="checkbox"/> Weakness
<input type="checkbox"/> Poor memory	<input type="checkbox"/> Loss of balance	<input type="checkbox"/> Weight gain
<input type="checkbox"/> Tension	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Weight loss

ARE YOU RESTRICTED IN ANY OF THE FOLLOWING AREAS AS A RESULT OF THIS ACCIDENT?
 Daily living Occupational Recreational
 Other

HAVE YOU MISSED WORK DUE TO THIS ACCIDENT/INJURY?
 Missed no work Limited work activity
 Missed from: ___/___/___ to ___/___/___
 Other

DID YOU SELF TREAT YOUR SYMPTOMS?
 Ice Heat Bed rest Medication
 Other

DID YOU SEEK MEDICAL CARE ELSEWHERE?

General Practitioner	Name:
Diagnosis and treatment:	
Chiropractor	Name:
Diagnosis and treatment:	
Neurologist	Name:
Diagnosis and treatment:	
Orthopedist	Name:
Diagnosis and treatment:	